

Celina Elementary Physical Education

Welcome to a new and exciting school year at CES! This year we will be engaging in several different units that focus on physical fitness, team building, cooperative learning, basic movement skills, sport-related skills, and other fun and educational games and activities. Students at CES will have Physical Education class every 3rd day, rotating with Music and Art class. Please help your child learn their schedule (A day, B day, C day) so he/she is prepared for that specific day. One requirement for Physical Education class is coming prepared with proper footwear. **All students must be wearing gym/tennis shoes in order to fully participate in all activities.** When students are not prepared it makes it difficult to assess their learning of the skills being taught. Also, loose fitting or athletic clothing is encouraged. If you have any questions or need assistance in providing appropriate footwear for your child please contact me and I will be happy to help. I am so excited to be teaching your child! Get ready for a fantastic school year!

These are the expectations, routines and procedures, rewards and consequences that are implemented during Physical Education class.

Expectations:

1. Be Respectful
 - a. Treat others the way you want to be treated
 - b. Kind words and actions
2. Be Responsible
 - a. Come prepared with your gym shoes on and ready to move (NO BARE FEET)
 - b. Use equipment properly and put back where you found it when done using it
3. Be Safe
 - a. Use all equipment the way it is supposed to be used
 - b. Watch out for others and follow directions

Routines/Procedures:

1. Enter gym quietly and go directly to your assigned spot
2. Do not touch any equipment unless instructed to do so
3. Signal= sound of the "whistle" ALWAYS means STOP-FREEZE and look at teacher
4. During warm up laps faster movers stay to the inside, slower movers stay to the outside
5. At the end of class return to your assigned spot and wait to be dismissed
6. Line up and wait quietly when waiting for your teacher to pick up your class

Rewards

1. Individual Rewards = Students that are leaders in class can earn a "Bulldog Sticker". These are collected by students throughout the building in order to earn a gumball. 5 stickers= gumball
2. Class Rewards = Classes that earn 5 "Bulldog Bucks" will be rewarded a "REWARD DAY"-classes will get to participate in their favorite class game.

Consequences:

3 STRIKES YOU'RE OUT!

1. Strike 1 = verbal warning
2. Strike 2 = 5 minute timeout
3. Strike 3 = Sit out the rest of class- note/phone call home

Looking forward to a great 2021-22 school year!!

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